

ADHD and Executive Functioning: Understanding and Applying Barkley's Model in Occupational Therapy



PRESENTER

Cheryl Chase, PhD

A sought-after international speaker



WHEN

Monday,

February 1, 2027

8:00 am – 2:30 pm EST



WERE

Live Web Conference



FEES

\$219 Register before January 11, 2027

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ACCREDITATION

5.5 contact hours

0.55 AOTA CEUs

6.8 NBCOT PDUs

Certificates will be awarded

- Credits listed are offered by Theramoves for full attendance. Partial attendance will result in partial credit.
- Course evaluation, posttest, and learning assessment, to be completed online with a passing score of 70% within 1 week is required to receive your certificate of completion.

LEVEL OF INSTRUCTION: Introductory

TARGET AUDIENCE: OTs, OTAs

INSTRUCTION METHODS: Lecture, slides, case analysis

REFUNDS & CANCELLATIONS: A full refund less a \$75 administrative fee per course will be given for cancellations received up to one week prior to the course. After that, no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contact us &/or receive confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be canceled.

DESCRIPTION

ADHD isn't just about being distracted or hyper—it's deeply connected to executive functioning challenges, which affect a child's ability to plan, stay organized, regulate emotions, and complete tasks independently. Pediatric occupational therapists often observe these difficulties in self-regulation, sensory processing, fine motor coordination, handwriting, and task initiation. This full-day training explores Russell Barkley's executive function model and how it applies to children with ADHD. Through case examples and hands-on strategies, participants will gain practical, evidence-based interventions to help kids improve attention, motor planning, organization, and self-regulation in therapy and school settings.

LEARNING OBJECTIVES

At the end of this seminar, the participant will be able to:

1. Explain Barkley's Model of Executive Functioning and its connection to ADHD.
2. Identify the five executive functions impaired in ADHD and how they impact occupational performance.
3. Apply OT-based intervention strategies to improve attention, motor planning, self-regulation, and organization in children with ADHD.
4. Develop structured supports to enhance task initiation, emotional regulation, and independent functioning



TheraMoves is an AOTA Approved Provider of professional development. Course approval # pending. This distant learning course is offered at 0.55 CEUs, a beginner educational level, in the area of occupational therapy service delivery and foundational knowledge. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Please contact info@theramoves.com with any special needs requests at least 2 weeks before the webinar

AGENDA

- 8:00 – 8:30 AM | Introduction
- 8:30 – 10:00 AM | ADHD and Executive Function Deficits
 - Executive functions impaired in ADHD
 - What OTs Might See
- 10:00 – 10:15 AM | Break
- 10:15 – 11:30 PM | The Neurobiology of ADHD
- 11:30 – 12:00 PM | Lunch Break
- 12:00 – 1:15 PM | Strategies for Supporting Executive Function in ADHD
 - What OTs Might See
 - OT Interventions
- 1:15 – 1:30 PM | Break
- 1:30 – 2:30 PM | Translating Theory into Practice & Final Q&A

PRESENTER'S BIO

Cheryl Chase, Ph.D. is a licensed clinical psychologist based in Independence, Ohio, specializing in psychological assessments and treatments for clients across the lifespan. With a focus on conditions like ADHD, learning disorders, and emotional challenges, Dr. Chase offers expert diagnostic services and tailored treatment strategies. She participates in the PSYPACT and is therefore able to serve clients in the 42 participating states. In addition to her clinical work, Dr. Chase is a sought-after international speaker, delivering dynamic workshops on executive functioning, dyslexia, coregulation, emotional concerns, ADHD, and improving performance both at work and in school. Her engaging presentations combine scientific insight with real-world solutions, making complex topics accessible to both professionals and families. Dr. Chase also consults with schools and businesses nationwide, helping them leverage the strengths of individuals with attention and learning challenges while providing support and accommodations to address their areas of difficulty. Dr. Chase is an active member of the International Dyslexia Association, the American Psychological Association, and the Learning Disabilities Association of America. Known for her down-to-earth approach, relatable sense of humor, and actionable advice, Dr. Chase connects with audiences by sharing real-life examples from her clinical work and her personal experience as a single mom raising children with learning and attention challenges.

Disclosure: Financial: Cheryl Chase will receive a speaker's honorarium from TheraMoves Services for the presentation. She is owner of 'Chasing Your Potential, LLC', her private practice. Ms. Chase has intellectual property rights through The Ohio State University for Neurodiversity/ADHD curriculum development. Non-Financial: Ms. Chase is a non-compensated volunteer lecturer for the International Dyslexia Association (IDA).