

The Integrated School Therapist: Linking Posture, Mobility & Learning for Real-World Outcomes



Tracking #50-31070



PRESENTER

Leslie Paparsenos, PT, MS,
Physiotherapist, C/NDT National
and International Lecturer,
Certified Pediatric NDTA™ (USA)
Instructor



WHEN

Tuesday

November 3, 2026

8:00 am – 2:30 pm EST

Level of Instruction: Intermediate

Target Audience: OTs, OTAs, PTs,
PTAs, SLPs

Instruction Methods: Lecture,
slides, video analysis, demonstration,
case studies, group discussion



WHERE

Live Web Conference



FEES

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ACCREDITATION

5.5 contact hours

0.55 AOTA CEUs

6.8 NBCOT PDUs

0.55 ASHA CEUs

0.55 NY PT CEUs

0.55 CEUs for NY SLPs

**Application has been made to the
NJBPT for CE Credit approval**

Certificates will be awarded

- Credits listed are offered by Theramoves for full attendance.
- ASHA partial credits **will not be** awarded for this webinar.
- AOTA partial credits will be awarded for partial attendance.
- Attendance is tracked automatically by the online platform "ZOOM"
- Learning assessment will be completed via an online post-course quiz. Passing a multiple-choice with 70% accuracy within 1 week is required to receive your certificate of completion.

This continuing education program is available to all physical therapists and physical therapist assistants in the state of NJ/NY on a non-discriminatory basis

Refunds & Cancellations: A full refund, less a \$75 administrative fee per course, will be given for cancellations received up to 3 days prior to the course. After that, no refunds will be given for cancellations unless a replacement participant is registered. We reserve the right to cancel any course due to extenuating circumstances. If Theramoves cancels an in-person conference, participants will be refunded in full within 10 business days. Please do not make non-refundable arrangements until you contact us &/or receive confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be canceled.

DESCRIPTION

School-based therapy is most effective when movement, cognition, communication, and participation are addressed together—not in isolation. This 5.5-hour interactive webinar is designed for occupational therapists, physical therapists and speech-language pathologists seeking to embed educational relevance into every therapy interaction.

Participants will explore how posture, head control, mobility, and adaptive equipment directly influence access to learning, communication, social engagement, and independence across the school day. Moving beyond discipline-specific silos, this session emphasizes how integrating PT, OT, SLP, and educational strategies can accelerate progress in both motor and academic domains.

This course addresses the full spectrum of learners—from students with significant medical and physical complexity requiring adaptive equipment and environmental supports, to students with mild motor or postural challenges that subtly impact attention, endurance, and classroom performance. Through case-based discussion, practical examples, and application-driven strategies, participants will learn how to:

- Embed cognitive and academic goals into movement-based interventions
- Align therapy with IEP-driven educational outcomes
- Support participation across real school contexts including classrooms, transportation, playgrounds, and transitions
- Use positioning, mobility, and environmental supports to enhance engagement and independence
- Collaborate effectively across disciplines to maximize student outcomes

Participants will leave with immediately applicable strategies that can be implemented the next day to improve function, participation, and measurable progress in their students.

LEARNING OBJECTIVES

At the end of this seminar, the participant will be able to:

1. Analyze how posture, head control, mobility, and environmental supports influence student participation in academic tasks, ADLs, and social engagement across school settings.
2. Differentiate and apply appropriate intervention strategies—including positioning, adaptive equipment, and interdisciplinary approaches—for students with varying levels of motor and medical complexity.
3. Design and justify functional, school-based interventions that embed cognitive and academic demands into movement-based activities and align with IEP goals, educational access, and measurable student outcomes.



Theramoves Services, LLC

Intermediate Level
0.55 ASHA CEUs



TheraMoves is an AOTA Approved Provider of professional development. Course approval ID#16728. This distant learning-interactive course is offered at 0.55 CEUs., an advanced educational level, in the area of occupational therapy service delivery and foundational knowledge. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



*Theramoves Services, LLC. is recognized by the NY State Education Department State Board for Physical Therapy as an approved provider for PT & PTA continuing education. This webinar qualifies for 5.5 contact hours

*TheraMoves Services, LLC is approved for sponsor of continued. competency for Speech-language pathologists by The State Education Department

AGENDA

8:00–8:30 AM – Foundational Framework

- Reframing school-based therapy from impairment to participation. Embedding cognition into movement and daily function & Connecting intervention to school participation and ADLs

8:30–9:45 AM – The Power of Upright: Posture, Head Control & Engagement

- Impact on attention, communication, and learning
- Positioning, handling, and environmental supports
- Case examples across levels of motor involvement

9:45–10:00 AM – Break

10:00–11:15 AM – Equipment as a Tool for Access & Learning

- Dynamic use of adaptive equipment
- Standers, walkers, gait trainers, and adaptive seating
- Promoting endurance, engagement, and participation
- Integrating cognitive and communication goals
- Aligning equipment with IEPs and classroom routines

11:15 AM–12:00 PM – Access Throughout the School Day

- Transportation, positioning, and safety
- Playground and social participation
- Transitions and mobility throughout the day
- Interdisciplinary collaboration for full-day access

12:00–12:30 PM – Lunch

12:30–1:30 PM – Embedding Cognition into Therapy & Daily Routines

- Integrating academic and communication goals into therapy
- Movement, literacy, executive functioning, and communication
- Strategies for medically complex and mildly involved students

1:30–1:45 PM – Break

1:45–2:15 PM – Documentation, Justification & Implementation

- Writing functional goals and documentation
- Letters of Medical Necessity (LMNs)
- Ethical use of AI for documentation support
- Promoting carryover through team collaboration

2:15–2:30 PM – Roundtable Discussion & Wrap-Up

- Key clinical takeaways, Q & A with Immediate implementation strategies

PRESENTER'S BIO

Leslie Paparsenos, PT, MS, C/NDT, is an independent pediatric therapy provider, licensed Physiotherapist in Australia, and licensed Physical Therapist in the United States of America. She specializes in evidence-based pediatric rehabilitation, serving babies, children, and adolescents across a spectrum of neurological and developmental disabilities and their families. Leslie is a certified Pediatric NDTA™ (USA) Instructor, certified in Neurodevelopmental Treatment (NDTA™ (USA)), and a certified clinical instructor by the APTA (USA). She has been teaching both internationally and nationally since 2007. Leslie is committed both to supporting therapists in their clinical development and assisting families and children in their journey to independence.

Disclosure: Financial: Leslie will receive a speaker's honorarium from TheraMoves Services for the presentation. Non-Financial: Leslie is a member of NDTA's instruction group and member of the research committee and education committee.