

EXECUTIVE FUNCTIONING TRAINING:

LEARN IT TODAY, USE IT TOMORROW!
PRACTICAL, CUTTING-EDGE
INTERVENTIONS FOR IMPROVING
EXECUTIVE FUNCTION SKILLS IN STUDENTS



50-31070



PRESENTER

Sarah Ward, MS, CCC/SLP

*An internationally recognized expert
on executive function skills*



WHEN

Tuesday

December 1, 2026

8:00 am – 3:00 pm EST

Please contact
info@Theramoves.com with any
special needs' requests at least 2
weeks before the webinar



WHERE

Live Web Conference



FEES

**\$239 Register before
November 9, 2026**

**\$259 Register after
November 9, 2026**

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ACCREDITATION

6 contact hours

0.6 ASHA CEU

0.6 AOTA CEUs

7.5 NBCOT PDUs

6.0 CTLE contact/clock hours

0.6 CEUs for NY social workers

0.6 CEU for NY SLPs

6.0 NY PT contact hours

Certificates will be Awarded

- Credits listed are offered by
Theramoves for full attendance;
ASHA partial credits will not be
awarded for this webinar.
- AOTA- partial credits awarded for
partial attendance
- Course evaluation, post test, and
learning assessment, to be
completed online with a passing
score of 70% within 1 week,
is required to receive your
certificate of completion.



LEVEL OF INSTRUCTION: Introductory

TARGET AUDIENCE: SLPs, OTs, OTAs, PT's, special educators, educators, social
workers, principals, and mental health professionals, parents

INSTRUCTION METHODS: Lecture, slides, video

DESCRIPTION

This is a **practical strategies seminar**! First, you will learn how to clearly define what the executive function skills are for the purpose of determining the most effective treatment interventions. Understand the development of the executive function skills and what is meant by the term “executive dysfunction”. You will learn dozens of functional, ready-to-use strategies for teaching students how to develop the executive function skills. Teach students to develop a “memory for the future”, to devise plans to achieve their goal, to use self-talk, to self-initiate, to transition to the next task of higher priority, and to control their impulses and emotions to successfully complete a task. Improve a student’s awareness skills so that he/she can “read a room,” then “stop, think, and create” an appropriate action plan and infer possible outcomes. Teach students to see and sense the passage of time, accurately estimate how long tasks will take, change or maintain their pace, and carry out routines and tasks within allotted time frames. Learn methods to improve a student’s ability to cognitively shift and to be flexible in processing and accessing information. Learn how to use the Get Ready * Do * Done Model to turn the core curriculum and lesson/treatment plans into powerful tools to teach students executive control skills.

Fresh approaches to help students develop automaticity for class routines and transitions.

LEARNING OBJECTIVES

At the end of this seminar, the participant will be able to:

1. State the functional working definition of what is meant by the term “executive function skills” as it pertains to therapeutic interventions
2. Define how situational awareness, self-talk, forethought, and episodic memory are the foundational skills for successful task execution
3. Develop an intervention program to foster a student’s ability to form more independent executive function skills by describing therapeutic activities to improve: Situational awareness, self-talk and forethought, self-regulation and following routines, task planning, task initiation and transition within and between tasks, active self-management of the factors related to the passage of time, internal self-talk for initiating tasks, organized thinking and speed of processing, student management of material



Theramoves Services, LLC

Introductory Level
0.6 ASHA CEUs



TheraMoves is an AOTA Approved Provider of professional development. Course approval #05503. This distant learning course is offered at 0.6 CEUs., a beginner educational level, in the area of occupational therapy service delivery and foundational knowledge. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

- Approved by NYSED for Continuing Teacher and Leader Education (CTLE hours) Provider # 23490. This webinar will qualify for 6 approved (CTLE) hours.
- Approved for Social Workers by the NY State ED Dept. #SW-0499
- Approved for 6 contact hours by NYSED's State Board for speech-language pathologists.
- Theramoves Services, LLC. is recognized by the NY State Education Department, State Board for Physical Therapy as an approved provider for PT & PTA continuing education. This webinar qualifies for 6 contact hours.

AGENDA

- 8:00-9:00 Executive Function (EF) Skills Defined, Executive Dysfunction and the Development of Executive Function Skills
- 9:00-10:15 Treatment interventions to improve Forethought and Self-Talk
- 10:15-10:30 Break
- 10:30- 11:45 Task Initiation, Self-regulation, making timely Transitions, and following routines.
- 11:45-12:15 Lunch**
- 12:15 - 1:15: Treatment Strategies to Increase Time Management of Daily and Hourly Time and Long-Term Projects.
- 1:15-1:50 Teaching and Planning Skills; the Get Ready * DO * Done model for classroom, homework and therapeutic interventions.
- 1:50-2:05 Break
- 2:05- 2:50 The Get Ready * DO * Done model (continued)
- 2:50-3:00 Question and Answers/Wrap Up

PRESENTER'S BIO

Sarah Ward, MS CCC-SLP has over 25 years of experience in assessment and treatment of executive function skill. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions. A recognized authority on executive function skills she has conducted numerous presentations at international and national conferences and has consulted to over 1400 schools on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Their 360 Thinking Executive Function Program received the Innovative Promising Practices Award from the National Organization CHADD. Awards received include Bette Ann Harris Distinguished Professional (2017), Innovative Promising Practices Award by CHADD, The National Resource on ADHD (November 2015), the MGH Expertise in Clinical Practice Award, the Distinguished Alumni Award, the Faculty in Excellence Award from the Massachusetts General Hospital Institute of Health Professions (2002, 2011) and ACE awards (2013, 2016, 2018) from American Speech and Language Hearing Association

Disclosure: Financial: Sarah Ward will receive a speaker's honorarium from TheraMoves Services for the presentation. Sarah has intellectual property rights from her company, Cognitive Connections, LLP, for products discussed at the course. Ms. Ward has no nonfinancial relationships to disclose.

REFUNDS & CANCELLATIONS: A full refund, less \$75 per course, will be given for cancellations received up to one week prior to the course. After that, no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contact us &/or receive confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be canceled.