



Let's Play Ball: Effective Utilization of Movable Surfaces



PRESENTER

Leslie Paparsenos, PT,
MS, Physiotherapist, C/NDT
National and International
Lecturer Certified Pediatric
NDTA™ (USA) Instructor



WHEN

Wednesday & Thursday
May 15 & 16, 2024
8:00 AM — 3:00 PM EST



WHERE

Young Israel of Jamaica Estates
83-10 188th Street
Jamaica Estates, NY
(Queens)



FEES

\$479*Before April 24
\$499 *After April 24

(Group of 3+ save 5% - list group members and use coupon code Team3save5 at checkout)



ACCREDITATION

12 contact hours

1.2 AOTA CEUs
12 NBCOT PDUs
14.4 NY PT CEUs
1.2 NY SLP CEUs

Certificates will be awarded

- Credits listed are offered by Theramoves for full attendance. Partial credits are awarded for partial attendance.
- Course evaluation, learning assessment, to be completed online with a passing score of 70% within 1 week is required to receive your certificate of completion.

Please email info@theramoves.com with any special needs' requests at least 2 weeks prior to the course

****This course will require active participation in labs, as a therapist and as a "client."**

Please be aware of your own physical limitations. Loose, comfortable clothing should be worn.

Please bring a ball suitable for you sit on at approximately 90/90. (there will be a pump to use)

DESCRIPTION

Effectively utilizing a movable surface during treatment can enhance the therapeutic level of challenge while maintaining a fun environment for your client. If you would like to learn multiple techniques and when/why to use them, this course is for you! This course includes assessing video clients, organizing and designing effective treatment strategies for improvement in ADLs, transfers, and functional movement for children across multiple diagnosis, and a patient demonstration. Multiple labs are included with video patient demonstrations to provide examples of functional oriented treatment strategies while using movable surfaces.

LEARNING OBJECTIVES

At the end of this seminar the participant will be able to:

- Detail current research on treatment strategies and pediatric trends related to movable surfaces for pediatric clients that lead to functional improvement.
- Demonstrate NDT concepts of facilitation and key points of control as it is related to use with a movable surface for functional improvement.
- Integrate movable surfaces in assessment and treatment planning for functional improvement.
- Correlate NDT facilitation technique while using a movable surface that addresses sustaining postural muscle activation for functional improvement.
- Formulate discipline specific assessments utilizing a movable surface to evaluate a child's ability to participate in functional activities.
- Demonstrate appropriate NDT facilitation techniques for intervention utilizing a movable surface to impact function and participation.

INSTRUCTION METHODS: Lecture, live demonstrations, videos, lab, case studies

LEVEL: Intermediate

TARGET AUDIENCE: OTs, OTAs, PTs, PTAs, SLPs

REFUNDS & CANCELLATIONS: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 3 days prior to the course. After that, no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. If this event is canceled, you will be refunded the cost of registration within 10 days. Please do not make non-refundable arrangements until you contact us &/or receive confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

AGENDA

Day 1

- 8:00 Round table discussion
- The Essence of the NDT Practice Model: How to use it!
 - Clarifying terms and definitions
- 9:15 Case study: Problem solving assessment and intervention selection using movable surfaces for functional improvement; considerations when utilizing movable surfaces
- 10:00 Break
- 10:15 **LAB 1:** sensory impact of handling with movable surfaces, facilitation that will target bed mobility, head control, and seated weight shifts
- 12:00 Lunch (on your own)
- 12:45 **LAB 2:** facilitation to target functional movement patterns with a movable surface
- 2:00 Treatment Demonstration
- 3:00 Adjourn

Day 2

- 8:00 Round table discussion
- Problem solving road blocks from day 1, handling review, application from treatment demonstration
- 8:30 Application of current science for alignment, posture and core stabilization
- 10:00 Break
- 10:15 **Lab 3:** facilitation techniques that target the lower "core"; upper "core", transitions, and bed mobility
- 12:00 Lunch (on your own)
- 12:45 **LAB 4:** Small Group Problem Solving: Putting it all together with video patients and group presentations
- 3:00 Adjourn

PRESENTER BIO'S

Leslie Paparsenos, PT, MS, C/NDT is an independent, pediatric therapy provider, licensed Physiotherapist in Australia, and licensed Physical Therapist in the United State of America. She specializes in evidenced based, pediatric rehabilitation, serving babies, children and adolescents across a spectrum of neurological and developmental disabilities, and their families. Leslie is a certified Pediatric NDTA™ (USA) Instructor, certified in Neurodevelopmental Treatment (NDTA™ (USA), and a certified clinical instructor by the APTA (USA). She has been teaching both internationally and nationally since 2007. Leslie is committed both to supporting therapists in their clinical development and assisting families and children in their journey to independence

DISCLOSURES: Financial: Leslie Paparsenos, PT, MS, C/NDT, will receive a speaker's honorarium from Theramoves Services for the presentation. Non-Financial: She has no non-financial relationships to disclose.



TheraMoves is an AOTA Approved Provider of professional development. Course approval ID# 08778. This distant learning -interactive

course is offered at 0.6 CEUs, an intermediate educational level, in the area of occupational therapy service delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. --TheraMoves Services, LLC is recognized by the NYSED's State Board for PT as an approved provider of PT & PTAs CEUs (14.4 contact hours) --Approved for 12 contact hours by NYSED's State Board for speech-language pathologists