

Body Activated Learning:™

A New Framework for Sensory Diets and Treatment Planning for Kids Living in a Screen-Based World



PRESENTERS

Aubrey Schmalke, OTR/L, SIPT

Author and Creator of The Body Activated Learning Handbook



WHEN

Wednesday, November 8, 2023

8:00 AM — 3:00 PM EST

TARGET AUDIENCE

OTs, OTAs, PTs and PTAs, special educators

INSTRUCTION METHODS:

Lecture, slides, demonstrations, video

LEVEL: Intermediate



FEES

\$229 early registration by October 18, 2023
\$249 After October 18

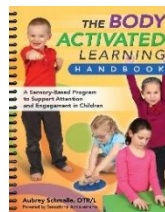
(Group of 3+ save 10% - list group members and use coupon code Team3save10 at checkout)



WHERE

Live Web Conference

Your **registration includes** Aubrey's E-Book with videos and supplemental downloads for planning and the **Expansion Activity Book!** A \$30 value!



ACCREDITATION

6.0 contact hours

0.6 AOTA CEUs
7.5 NBCOT PDUs
0.6 NY OT CEUs
7.2 NY PT contact hours
6.0 CTLE contact/clock hours

CE Broker Tracking # 50-31070

Certificates will be awarded

Credits listed are offered by Theramoves for full webinar attendance and partial credits for partial attendance.

Learning outcomes/post-test will be completed on the computer via an online survey. A score of 70% or more is required to receive the certificate of completion.

Please contact the office with any special needs request

DESCRIPTION

Neurologically diverse children growing up in a screen-based world struggle with self-regulation, attention, focus, and sustained participation in activity demands at baseline. The research shows these difficulties are exacerbated by the effects of screen time on the developing brain. As an occupational therapist or physical therapist working in schools, interventions need to be accessible, dynamic, and targeted to maximize outcomes. This course will introduce you to a new framework for intervention while providing you with treatment progressions for session planning and templates for redesigning sensory diets. With this model, you will be able to improve team collaboration and cross-training while better addressing the complex needs of this generation of learners.

LEARNING OBJECTIVES

At the end of this seminar the participant will be able to:

- Identify the 4 elements of the Body Activated Learning Framework™ and explain the relevance to treatment planning
- Describe how you would redesign the sequence of a sensory diet plan based on the Body Activated Learning™ framework
- Organize a 3-5 step treatment progression to build foundational skills for midline crossing, visually guided movement, and self-regulation for school-based interventions
- Differentiate between key diagnostic features for variety of diagnoses including Down Syndrome, Dyslexia, Dysgraphia, ADHD, and Autism that must be applied to treatment planning
- List 5 ways that you can provide cross-training and collaboration with parents as well as the entire educational team in Body Activated Learning techniques

REFUNDS & CANCELLATIONS: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 3 days prior to the course. After that no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contact us &/or receive confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.



■ TheraMoves is an AOTA Approved Provider of professional development. Course approval # 05302. This distant learning-interactive course is offered at 0.6

CEUs., an intermediate educational level, in the area of occupational therapy service delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA

- TheraMoves Services, LLC. is recognized by the NY State Education Depart, State Board for Physical Therapy as an approved provider for PT & PTA continuing education. This webinar qualifies for 7.2 contact hours
- TheraMoves Services, LLC, is Approved for Sponsor by NYS Board for OTs and OTAs
- Approved by NYSED for Continuing Teacher and Leader Education (CTLE hours) (CTLE approval 23490)

AGENDA

- 8:00 -8:30 Providing therapeutic intervention in a screen-based world.
- 8:30-9:30 Body Activated Learning™: A framework for treatment in a screen-based world.
- 9:30-9:45 Break
- 9:45-10:45 (Cont.) Body Activated Learning™: A framework for treatment in a screen-based world.
- 10:45-11:40 Assessment and Clinical Observation for Body Activated Learning™ treatment planning.
- 11:40-12:10 **Lunch**
- 12:10 -1:00 Rewriting your Sensory Diet
- 1:00-1:10 Break
- 1:10 - 2:25 Designing treatment progressions with Body Activated Learning™
- 2:25-2:30 Break
- 2:30-3:00 Your Role in a New Normal: Educate, Accommodate, and Adapt!

PRESENTER BIO'S

Aubrey Schmalte, OTR/L, SIPT has 20 years' experience working with neurologically diverse children using a sensory integrative approach. She graduated from Boston University in 2003 with a Bachelors in Occupational Therapy and continued to advance her clinical knowledge through self-study, mentorship, certification in sensory integration theory and practice (C-SIPT), Consultant level certification in the Tomatis Method, and training in Tomatis-based auditory interventions. In 2011, she opened a private occupational therapy clinic, providing comprehensive evaluation and treatment of sensory processing disorders and related disabilities such as Autism, ADHD, Dyslexia, Dysgraphia, and Executive Function deficits. She specializes in comprehensive educational evaluation of a child's sensory-learning profile in order to facilitate collaboration between school-based professionals while developing comprehensive support plans to meet the needs of individual learners. She possesses advanced knowledge in visual-vestibular integration treatment techniques, treatment of postural-ocular and functional visual skill deficits, and intervention to address sensory-motor-perceptual factors contributing to dyslexia and dysgraphia. Aubrey's passion for empowering children, families, and professionals inspired the creation of the Body Activated Learning framework to support the body foundation for attention and learning with the unique needs of a digital generation in mind. In 2015, she authored The Body Activated Learning™ Handbook and continues to develop programming, educational supports, resources, and trainings based on the Body Activated Learning™ approach. She maintains her clinical practice in Stamford, CT while guest lecturing, training teachers, nurses, program directors, and parent advocates, providing professional courses, and giving weekly educational live talks in her Parenting Children with Special Needs in a New Reality Facebook group. She recently launched her Level 1 online certification program for parents, paraprofessionals, learning pod proctors, and any other individuals supporting children with diverse sensory and learning needs.

DISCLOSURES: Financial: Aubrey Schmalte, will receive a speaker's honorarium from TheraMoves Services for the presentation. Aubrey has intellectual property rights from her company Sensational Achievements, LLC for products discussed at the course. Aubrey has no non-financial relationships to disclose