

Roadmaps to Intervention: Creating Treatment Hierarchies and Establishing Treatment Progressions to Improve Outcomes in Children



PRESENTER

Aubrey Schmale, OTR/L, SIPT

Author and Creator of The Body Activated Learning Handbook



WHEN

**Wednesday & Thursday
March 22 & 23, 2023**

8:00 AM —3:00 PM EST

TARGET AUDIENCE

OTs, OTAs

INSTRUCTION METHODS: Lecture, case studies, video

LEVEL: Intermediate



FEES

**\$419 Before February 27
\$439 After February 27**

*Group of 3+ 5% Savings
(Team3save5)
Group of 7+ email
Theramoves*



WHERE

Live Web Conference

In the comfort of your home/school/clinic

Please contact the office with any special needs request



ACCREDITATION

**12.0 Contact Hours
1.2 AOTA CEUs
15 NBCOT PDU's**

Certificates will be Awarded

Credits listed are offered by Theramoves for full webinar attendance.

Learning outcomes will be completed on the computer via an online survey. A score of 70% or more is required to receive the certificate of completion.

CE Broker Tracking #50-31070

COURSE DESCRIPTION

This course is designed for therapists who evaluate and treat children in both school and private practice settings. The amount of therapy tools, tests, printable worksheets, and protocols are too many for any one person to consume. In fact, we often get so focused on the how of treating that we forget the bigger picture and the functional impact goals should have. However, a focused strategy for building a better clinical profile of a child can drastically influence your clinical reasoning, choice of materials, and how you approach each treatment session. This is what will be covered during this 2-day course. The "roadmap" to treatment is never a straight line despite what protocols would have you believe. Children are complex multi-sensory beings with big personalities. The complexity of each child's profile is not contained in a label, or even multiple labels. You will learn how to see each child as a sensory being, striving to learn in a world that demands more adaptability than ever. Gathering data and functional information, you will be able to build a roadmap for treatment that builds both confidence and competence for the children on your caseload.

**Therapists are asked to submit at least 1 case study prior to the course for review and possible inclusion. With appropriate consent, video submissions are also requested but not required of evaluation/testing and/or treatment session clips to facilitate a program customized to participant experiences and practice settings.

LEARNING OBJECTIVES

At the end of this seminar the participant will be able to:

- Articulate the value of looking beyond scores to determine profiles and need for intervention
- Explain how sensory input, self-regulation, attention, and working memory interact to facilitate the learning process
- Create a Child Profile that accounts for personal, environmental, and activity factors that create barriers to skill acquisition and adaptability
- Interpret data to create an initial treatment plan
- Design semi-structured clinical observations and treatment activities that are optimized for your treatment setting
- Use symptoms clusters prevalent with a variety of diagnoses to focus observations and create treatment progressions
- Facilitate collaboration with parents and professionals to optimize outcomes
- Create a preliminary roadmap for treatment progressions of at least 3 clinical profiles.

DISCLOSURES: Financial: Aubrey Schmalte, OTR/L, will receive a speaker's honorarium from TheraMoves Services for the presentation. Aubrey has intellectual property rights from her company Sensational Achievements, LLC for products discussed at the course. Aubrey has no non-financial relationships to disclose.



Approved Provider TheraMoves is an AOTA

Approved Provider of professional development. Course approval ID#06464. This distant learning-interactive course is offered at 1.2 CEUs., intermediate educational level, in the area of occupational therapy service delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

AGENDA

Day 1.

- 8:00-8:30 Introduction to Treatment Roadmaps
- 8:30-9:30 Effective Treatment from Effective Observations
- 9:30-9:45 BREAK
- 9:45-10:45 The Science of Learning
- 10:45-11:45 Building a Clinical Profile
- 11:45-12:15 LUNCH
- 12:15-1:15 Preparing your Evaluation Toolbox
- 1:15-1:45 Synthesizing Data for Goal Development and Treatment Planning
- 1:45-2:00 BREAK
- 2:00-3:00 (Cont.) Synthesizing Data for Goal Development and Treatment Planning

Day 2:

- 8:00-9:00 Frameworks for Treatment
- 9:00-9:45 Packing the Treatment Toolbox
- 9:45-10:00 BREAK
- 10:00-11:30 Case Studies and Collaboration
- 11:30-12:00 LUNCH
- 12:00-1:15 A village Makes Better Progress
- 1:15-1:30 BREAK
- 1:30-3:00 Traveling the Treatment Roadmap

PRESENTER BIO'S

Aubrey Schmalte, OTR/L, SIPT has 20 years' experience working with neurologically diverse children using a sensory integrative approach. She graduated from Boston University in 2003 with a bachelor's in occupational therapy and continued to advance her clinical knowledge through self-study, mentorship, certification in sensory integration theory and practice (C-SIPT), Consultant level certification in the Tomatis Method, and training in Tomatis-based auditory interventions. In 2011, she opened a private occupational therapy clinic, providing comprehensive evaluation and treatment of sensory processing disorders and related disabilities such as Autism, ADHD, Dyslexia, Dysgraphia, and Executive Function deficits. She specializes in comprehensive educational evaluation of a child's sensory-learning profile in order to facilitate collaboration between school-based professionals while developing comprehensive support plans to meet the needs of individual learners. She possesses advanced knowledge in visual-vestibular integration treatment techniques, treatment of postural-ocular and functional visual skill deficits, and intervention to address sensory-motor-perceptual factors contributing to dyslexia and dysgraphia. Aubrey's passion for empowering children, families, and professionals inspired the creation of the Body Activated Learning framework to support the body foundation for attention and learning with the unique needs of a digital generation in mind. In 2015, she authored The Body Activated Learning™ Handbook and continues to develop programming, educational supports, resources, and trainings based on the Body Activated Learning™ approach. She maintains her clinical practice in Stamford, CT while guest lecturing, training teachers, nurses, program directors, and parent advocates, providing professional courses, and giving weekly educational live talks in her Parenting Children with Special Needs in a New Reality Facebook group. She recently launched her Level 1 online certification program for parents, paraprofessionals, learning pod proctors, and any other individuals supporting children with diverse sensory and learning needs.

REFUNDS & CANCELLATIONS: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 3 days prior to the course. After that, no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contact us &/or receive confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.