



# Dyslexia Demystified: The How and Why of Evaluation and Treatment



## PRESENTER

**Penny Stack, OTD, OTR/L, CLT**

*Founder of Dyslexia Center of  
Tulsa, Oklahoma*



## WHEN

**On Demand**

**(Originally recorded 11/2/2022)**

**(running time 6.5 hours)**

## LEVEL OF INSTRUCTION:

Intermediate

**TARGET AUDIENCE:** OTs, OTAs, PTs, PTAs, SLPs, special educators, educators, social workers, and mental health professionals, **parents of children with dyslexia**

**INSTRUCTION METHODS:** Lecture, slides, video analysis, case studies



## WHERE

**At your convenience**

*Home/school/clinic/office*



## FEES

**\$199**

*Please contact the office with any  
special need requests*



## ACCREDITATION

**6.5 contact hours,**

*0.65 AOTA CEUs, 8.0 NBCOT PDU's*

*6.5 NY SLP CEUs*

*6.5 CTLE credit/contact hours,*

*6.5 CEUs for NY social workers*

**CE broker tracking # 50-31070**

## Certificates will be Awarded

*Credits listed are offered by*

*Theramoves for full attendance.*

*partial credit is awarded to learners*

*who do not complete the entire*

*activity.*

*Learning outcomes/post-course quiz*

*will be completed via an online*

*survey. A score of 70% or more is*

*required to receive a certificate of*

*completion.*



## DESCRIPTION

Does this sound like you?

Struggling to find the right combination of supportive techniques that will catapult your students' progress in reading and writing? Wish your students who struggle to read and write would do so for pleasure? Are you at the end of your rope pulling resources together on a shoestring budget for meaningful intervention?"

That all ends now!

No longer will your students shy away from reading, forget all they learned from hours of studying on the day of the test, meltdown in the classroom from frustration, struggle with written expression, lost homework and so much more.

Once you understand the "why" and how to identify the root causes of learning differences your whole process of intervention will be crystal clear. In addition to learning the how and why of dyslexia and evaluation you will have the opportunity to learn treatment ideas that embrace everyday games, material, technology, low tech and hands-on methodology that you may already have in your classroom or may easily access.

You will leave this workshop with tools to take back to your students tomorrow!

## LEARNING OBJECTIVES

At the end of this seminar the participant will be able to:

1. Identify when a student would benefit from therapy intervention versus remedial reading.
2. Identify each student's unique executive cognitive functions to develop evidence-based treatments for reading success.
3. Develop treatment strategies to repair the skill gap for visual perceptual, visual motor integration, auditory, and visual memory deficits to increase handwriting legibility, reading comprehension, and ability to follow multi-step directions.
4. Determine how to integrate electronic and low-tech games into treatment activities to increase reading comprehension, ability to follow multi-step directions for increased academic success.
5. Apply compensatory strategies to each specific type, such as recital, chunking, and mnemonics as they apply to visual and auditory memory.

**REFUNDS & CANCELLATIONS:** No refunds for "on demand" webinars will be issued.



TheraMoves is an AOTA Approved Provider of professional development. Course approval ID#05487. This distant learning- independent course is offered at 0.65 CEUs., an intermediate educational level, in the area of occupational therapy service delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

- Approved for 6.5 contact hours by NYSED's State Board for speech-language pathologists
- Approved by NYSED for Continuing Teacher and Leader Education CTLE hours) (CTLE approval 23490)
- --TheraMoves Services, LLC, is Approved for Sponsor by NYS Board for OTs and OTAs
- Approved for Social Workers by the NY State ED Dept. #SW-0499

**Disclosure: Financial:** Penny Stack will receive a speaker's honorarium from TheraMoves Services for the presentation.

**Non-Financial:** She has no non-financial relationships to disclose.

## AGENDA

### 8:00 am – 10:30 am: Introduction to Dyslexia

- Dispelling the mythology of dyslexia. The neuroanatomy of dyslexia
- Living with dyslexia. Strategies and Accommodations

### 10:30 am – noon: Assessment for Cognitive Function

- Visual perceptual and visual motor skills
- Sensory Integration
- Visual and auditory memory and auditory processing
- Phonological awareness and memory
- Handwriting skills
- Reading rate, accuracy, fluency, and comprehension

### 12:00 pm- 12:30 pm: Lunch

### 12:30 pm – 2:30 pm: Treatment Strategies for Redeveloping Neuropathways

- Visual perception skills to:
  - Keep up with note taking in class
  - Remember multi-step instructions
  - Remember the order of letters when spelling a word
- Remember how to do homework once at home
  - Memory skills/phonological awareness to:
  - Remember more than 1 or 2 instructions at a time
  - Interpret words as they were intended: cat verses hat
  - Spell aloud
- Visual skills to:
  - Discriminate different fonts
  - Form letters or numbers
  - Not write letters or numbers backwards
  - Help with mixing up letters/numbers - /d/ from /b/ or /E/ from /3/
  - Find their pencil in their desk and find matching socks when dressing
- Visual motor skills to:
  - Copy notes in time to keep up with the class
  - Tie shoes, ride a bike, become more coordinated
- Handwriting skills to:
  - Help with slow, messy writing or letter formation or letter spacing
  - Printing, write in cursive

### 2:30 pm – 3:30 pm: Phonics

- Reading/comprehension skills to:
  - Read at age or grade level

**2 15-minute breaks will be given in the morning and afternoon**

## PRESENTER'S BIO

**Penny Stack, OTD, OTR/L, CLT**, is the founder of Dyslexia Center of Tulsa, Oklahoma. Penny has over 33 years of experience as an occupational therapist that include working with children who have special learning needs. Penny is also a mother of a child with dyslexia who has shown great success in overcoming reading difficulties. Penny is certified in Handwriting Without Tears, received her Master's in Occupational Therapy at Samuel Merritt College, Oakland California and her Doctorate degree in Occupational Therapy at Loma Linda University. Her research on closed head injuries and cognitive retraining has been published in *Brain Injury Journal*. Penny has dedicated her current research to Dyslexia