

Polyvagal Theory and Sensory Integration: Key Concepts for Deepening Practice



PRESENTER

Tracy Stackhouse, MA, OTR/L

International and National Lecturer



WHEN

Thursday, February 9, 2023

8:00 AM —3:00 PM EST

TARGET AUDIENCE: OTs, OTAs, SLPs, special educators, educators, social workers

INSTRUCTION METHODS: Lecture, slides, case studies

LEVEL: Intermediate



FEES

\$229 Before January 19
\$249 After January 19

Group of 3+ 10% Savings (Team3save10)
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WHERE

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special needs request.*



ACCREDITATION

0.6 AOTA CEUs
7.5 NBCOT PDUs
6.0 NY SLP CEUs
7.2 NY PT CEUs
6.0 CTLE credit/contact hours
6.0 CEUs for NY social workers

Certificates will be Awarded

*Credits listed are offered by
Theramoves for full webinar
attendance. Partial credit is
awarded to learners who do not
complete the entire activity.*

*Learning assessment/outcomes
will be completed on the
computer online. A score of 70%
or more is required to receive
ones' certificate of completion.*

COURSE DESCRIPTION

Sensation is integral to our neural processes, including our regulation capacities. Regulation is grounded in a felt sense of safety, which gives rise to the possibility for engagement and exploration. As we think about how the nervous system utilizes sensation for detection and the production of adaptive responses, we begin to understand the complex relationship between our sensory and regulatory capacities. This presentation will review key concepts from Polyvagal Theory and Sensory Integration Theory in order to understand their foundational roles in practice. In addition, we will explore the converging relationship between PVT and SI from both theoretical and therapeutic lenses. This discussion will include a deeper dive into co-regulation and the importance of ensuring sensory interventions are delivered within the context of relationship. **Information about specific sensory modalities and clinical reasoning regarding sensory modulation and sensory discrimination will be provided.** Participants will have opportunities to engage in learning activities designed to support the integration of the lecture material into your everyday practice.

LEARNING OBJECTIVES

At the end of this seminar the participant will be able to:

1. Relate the key principles of Polyvagal Theory
2. Differentiate between sensory discrimination and sensory modulation
3. Describe the relationship between sensation and neuroception
4. Implement principles of co-regulation in practice
5. Evaluate the sensory qualities that create an embodied sense of safety as this relates to treatment

DISCLOSURES: Tracy is the co-founder of Developmental FX, which is a non-profit organization that is governed according to our mission and bylaws with a board of directors providing fiduciary and general oversight. All proceeds from trainings and publications are paid to the non-profit and not directly to Tracy to ensure that there is no conflict of interest and no disclosure.

REFUNDS & CANCELLATIONS: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 3 days prior to the course. After that, no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contact us &/or receive confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

AGENDA

- 8:00-9:00 Key Concepts of PVT
- 9:00-10:00 Key Concepts of SI Theory
- 10:00-10:10 Break
- 10:10-11:10 Convergence of Theories: Sensation and Neuroception
- 11:10-11:50 Lunch Break
- 11:50-12:50 Convergence of Theories continued: Co-Regulation- an embodied experience
- 12:50-1:00 Break
- 1:00-2:30 PVT and SI Informed Intervention
- 2:30-3:00 Discussion and Q & A

PRESENTER BIO's

Tracy Murnan Stackhouse, MA, OTR is the executive director of Developmental FX (DFX) in Denver, Colorado, a non-profit organization providing clinical and training services to engage and elevate pediatric therapeutic practice. She is a leading pediatric occupational therapist (OT) involved in clinical treatment, research, mentoring, and training regarding OT intervention for persons with neurodevelopmental disorders, especially Fragile X Syndrome and autism. Tracy has a master's degree in developmental psychology/neuroscience. She received her NDT training with Lois Bly. She is SIPT Certified and was the clinical specialist in sensory integration at The Children's Hospital in Denver as well as the OT for the Fragile X Research and Treatment Center. Tracy continued her clinical and research work with Dr. Randi Hagerman at the UC Davis M.I.N.D. Institute during its start-up year prior to starting Developmental FX. Tracy has written several book chapters on sensory integration and neurodevelopmental disorders and teaches nationally and internationally on sensory integration, autism, fragile X and related topics. She is the lead author for the SPiRiT & S.T.E.P.S.I. Clinical Reasoning Tools which are leading-edge evidence-based models in pediatric OT. These models are utilized in OT practices around the globe and included in the model at Camp Jabiru in Australia. The tools are shared through the "Spirited Conversations" Podcast as well as through DFX's training platform, Learning Journeys. Tracy is a member of the National Fragile X Foundation Clinical Research Consortium, the Scientific And Clinical Advisory Committee, and the NFXF Advisory Council and an expert advisor to the CDC and RTI Fragile X Priorities Panel.



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-Approved by NYSED for Continuing Teacher and Leader Education (CTLE hours) (CTLE approval 23490)

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