

HANDS-ON SENSORY MOTOR WORKSHOP: AN INTERACTIVE APPROACH TO SENSORY DISCOVERY



PRESENTER

Alex Lopiccolo, COTAL CPT, NC

“KING OF SWINGS”



WHEN

Sunday, December 12, 2021

OR

Monday, December 13, 2021

8:00 am – 3:00 pm EST

****Limited Space***



WHERE

The Yaldeinu School

1600 63rd Street

Brooklyn, NY 11201

(N & D Train)



FEES

\$239 Before November 22

\$259 After November 22

Group of 4+ 10% savings

Coupon code Team4Save10



ACCREDITATION

5.5 contact hours,

0.55 AOTA CEUs

5.5 NBCOT PDUs

6.6 NY PT CEUs

Certificates will be Awarded

Credits listed are offered by

Theramoves for full attendance.

LEVEL OF INSTRUCTION:

Beginner, Intermediate

TARGET AUDIENCE:

OTs,
OTAs, PTs, PTAs

INSTRUCTION METHODS:

Lecture, handouts, live demonstration

DESCRIPTION

Alex offers **practical ideas using minimal equipment** to create powerful sensory diets that can be readily implemented in the home or school environment. **Hands-on interventions** to support breath, coordination, timing, balance and strength will be presented. Modifications, adaptations and grading of activities will be addressed to support best possible outcomes. Ideas for better engagement of the child will be addressed as well as discussion of ways to facilitate 'play' for a stronger therapist-child relationship. This dynamic workshop will support participants through hands-on learning as they experience the activities in their own bodies. Lastly, Alex will provide tools for therapists to create their own equipment (DIY equipment) at a minimal cost. Live demonstrations with a child on both days!

LEARNING OBJECTIVES

At the end of this seminar the participant will be able to:

1. Articulate the importance of vestibular, proprioceptive and tactile integration as it relates to postural development, balance and physical development.
2. Participate in and generate ideas & activities that support sensory development
3. List sensory motor interventions that children can readily take back into the classroom
4. Create effective DIY equipment, sensory tools, home sensory gyms, and minimal equipment that can be implemented in home and at school.
5. Identify ways to grade, adapt, and modify activities to motivate children for success

Please contact the office with any special need requests

REFUNDS & CANCELLATIONS: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to week prior to the course. After that, no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contact us &/or receive confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.



-TheraMoves is an AOTA Approved Provider of continuing education. The assignment of AOTA CEUs does not imply endorsement of specific course, content, products, or clinical procedures by AOTA." (APP # 11168) Approved by AOTA for 5.5 CEU, 5.5 contact hours, beginner/intermediate domain of OT performance skills
-TheraMoves Services is recognized by the NY SED's state board for PT as an approved provider for PTs and PTAs continuing education

AGENDA

8:00 – 9:00 Introduction to Sensory Processing Dysfunction and Sensory Integration therapy, how SPD affects movement and function.

9:00 -11:30 Hands-on intervention with lab and live demonstration

11:30-12:30 LUNCH (on your own)

12:30-2:00 Sensorimotor interventions for the school and home environment with little equipment, participants perform therapeutic intervention activities to gain a deep appreciation and understanding

2:00-3:00 Follow up discussion from live session, problem solving to grade activities, home programming with emphasis on carryover strategies for increased progress, DIY Sensory equipment

2 fifteen-minute breaks will be provided as needed

PRESENTER'S BIO

Alex Lopiccio aka Mr. Alex is an experienced Certified Occupational Therapy Assistant, Certified Personal Trainer and Nutrition Consultant. Alex is well known as The King of Swings. When he is not treating as a full time Sensory Integration Therapy practitioner, he travels around the world sharing his knowledge of sensorimotor therapy with OT's and students at pediatric clinics and universities. He especially enjoys designing and installing home sensory gyms to help his young clients at home. Growing up in Michigan, Alex struggled with Sensory Processing Disorder himself. The strategies that he developed, along with a strong calling to help others, inspired the fun and therapeutic approach he has been using with his pediatric clients for over twelve years.

Disclosure: Financial: Alex Lopiccio, will receive a speaker's honorarium from TheraMoves Services for the presentation. Non-Financial: He has no non-financial relationships to disclose