

Body Activated Learning:™ A New Framework for Sensory Diets and Treatment Planning for Kids Living in a Screen-Based World



PRESENTERS

Aubrey Schmale, OTR/L, SIPT

Author and Creator of The Body Activated Learning Handbook



WHEN

Wednesday, February 3, 2021

9:00 AM — 3:00 PM EST



FEES

\$249

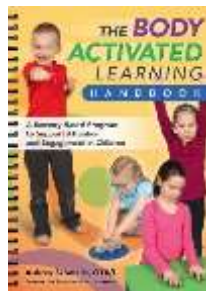
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ACCREDITATION

5.5 Contact Hours,
0.55 AOTA CEUs, 5.5 NBCOT PDUs, 5.5 CTLE hours, 6.6 NY PT CEUs,

Certificates will be Awarded

Credits listed are offered by Theramoves for full webinar attendance.

Learning outcomes will be completed on the computer via an online survey. A score of 70% or more is required to receive the certificate of completion.

DESCRIPTION

Neurologically diverse children growing up in a screen-based world struggle with self-regulation, attention, focus, and sustained participation in activity demands at baseline. The research shows these difficulties are exacerbated by the effects of screen time on the developing brain. As an occupational therapist or physical therapist working in schools, interventions need to be accessible, dynamic, and targeted to maximize outcomes. This course will introduce you to a new framework for intervention while providing you with treatment progressions for session planning and a new framework for redesigning sensory diets. With this model, you will be able to improve team collaboration and cross-training while better addressing the complex needs of this generation of learners.

LEARNING OBJECTIVES

At the end of this seminar the participant will be able to

1. Explain the elements of the Body Activated Learning Framework™ and relevance to treatment planning
2. Redesign sensory diet plans based on the Body Activated Learning™ framework
3. Establish treatment progressions to improve outcomes for school-based interventions
4. Problem-solve for a variety of diagnoses including Down Syndrome, Dyslexia, Dysgraphia, ADHD, and Autism
5. Develop a plan for cross-training and collaboration with parents as well as the entire educational team

AGENDA

- 9:00 -9:30 Providing therapeutic intervention in a screen-based world
- 9:30-11:30 Body Activated Learning™: A framework for treatment in a screen-based world
- 11:30-11:45 Break
- 11:45-12:30 Assessment and Clinical Observation for Body Activated Learning™ treatment planning
- 12:30-1:15 Rewriting your Sensory Diet
- 1:15-1:30 Break
- 1:30-2:30 Designing treatment progressions with Body Activated Learning™
- 2:30-3:00 Your Role in a New Normal: Educate, Accommodate, and Adapt!

TARGET AUDIENCE

OTs, OTAs, PTs and PTAs, special educators

INSTRUCTION METHODS: Lecture, slides, demonstrations, video

LEVEL: Beginner / Intermediate

PRESENTER BIO'S

Aubrey Schmalte, OTR/L, SIPT has 20 years' experience working with neurologically diverse children using a sensory integrative approach. She graduated from Boston University in 2003 with a Bachelors in Occupational Therapy and continued to advance her clinical knowledge through self-study, mentorship, certification in sensory integration theory and practice (C-SIPT), Consultant level certification in the Tomatis Method, and training in Tomatis-based auditory interventions. In 2011, she opened a private occupational therapy clinic, providing comprehensive evaluation and treatment of sensory processing disorders and related disabilities such as Autism, ADHD, Dyslexia, Dysgraphia, and Executive Function deficits. She specializes in comprehensive educational evaluation of a child's sensory-learning profile in order to facilitate collaboration between school-based professionals to develop comprehensive support plans to meet the needs of individual learners. She possesses advanced knowledge in visual-vestibular integration treatment techniques, treatment of postural-ocular and functional visual skill deficits, and intervention to address sensory-motor-perceptual factors contributing to dyslexia and dysgraphia. Aubrey's passion for empowering children, families, and professionals inspired the creation of the Body Activated Learning framework to support the body foundation for attention and learning with the unique needs of a digital generation in mind. In 2015, she authored The Body Activated Learning Handbook and continues to develop programming, educational supports, resources, and trainings based on the Body Activated Learning™ approach. She maintains her clinical practice in Stamford, CT while guest lecturing, training teachers, nurses, program directors, and parent advocates, providing professional courses, and giving weekly educational live talks in her Parenting Children with Special Needs in a New Reality Facebook group. She recently launched her Level 1 online certification program for parents, paraprofessionals, learning pod proctors, and any other individuals supporting children with diverse sensory and learning needs.

DISCLOSURES: Financial: Aubrey Schmalte, will receive a speaker's honorarium from TheraMoves Services for the presentation. Aubrey has intellectual property rights from her company Body Activated Learning for products discussed at the course. Aubrey has no non-financial relationships to disclose.

REFUNDS & CANCELLATIONS: A full refund less \$75 dollars administrative fee per course will be given for cancellations received up to 3 days prior to the course. After that no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contact us &/or receive confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.



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Approved by AOTA for 0.55 CEU, 5.5 contact hours, beginner/intermediate domain of OT performance skills

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