

**TheraMoves is proud to present**

# **BUILDING VISUAL SKILLS DURING THE PANDEMIC:**

## **INSIGHTS AND ACTIVITIES FOR REMOTE THERAPY SESSIONS**

### **PRESENTER:**

**LINDSEY BIEL, M.A., OTR/L**

*AUTHOR OF RAISING A SENSORY SMART CHILD: THE DEFINITIVE HANDBOOK FOR HELPING YOUR CHILD WITH SENSORY PROCESSING ISSUES*

**WHEN: ON-DEMAND**

**WHERE: ANYTIME/ANYWHERE**

**2 CONTACT HOURS** 0.2 AOTA CEUS, 2 NBCOT PDUS, 2.4 NY PT contact hour, 2 CLTE credit hours

*CERTIFICATES WILL BE AWARDED. CREDITS LISTED ARE OFFERED BY THERAMOVES FOR FULL ATTENDANCE. NO PARTIAL CREDIT WILL BE ISSUED*

**COST - \$59**

**GROUPS OF 3 OR MORE SAVE 10%**

### **TARGET AUDIENCE**

OTs, OTAs, PTs, PTAs, SLPS,  
SPECIAL EDUCATORS



TheraMoves is an AOTA Approved Provider of continuing education "The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA." Approved by AOTA for 0.2 CEU, 2.0 contact hours, introductory level, domain of OT performance skills.

**TO REGISTER for this webinar please email:**

**INFO@THERAMOVES.COM ~ 347-379-1359**

**WWW.THERAMOVES.COM**

### **COURSE DESCRIPTION**

Visual processing skills are essential to the development of the children we work with. With so much time spend online during the COVID-19 pandemic, optimizing vision (what the eyes see) and visual processing skills (how we use what we see) is more important than ever. Fortunately there are many easy and fun ways to do this during remote therapy sessions. This webinar will give you **simple tricks, smart techniques, and fun therapeutic activities that will make a huge difference for your clients.** From seating and positioning hacks to help avoid visual and postural fatigue to hands-on and online skill-building games and exercises, this two-hour webinar will help you build skills and create happy eyes and best of all, generate a lot of smiles.

Approved by NYSED for Continuing Teacher and Leader Education (CTLE approval 23490)

TheraMoves Services, LLC is recognized by the NYSED's State Board for physical therapy as an approved provider of PT & PTAs continuing education, Approved for 2.4 contact hours

TheraMoves Services, LLC is Approved for sponsor of continued competency for speech-language pathologists by the State

## COURSE OBJECTIVES

At the completion of the webinar participants will be able to:

1. Explain why optimizing visual skills is even more important during this pandemic
2. Use practical strategies for seating, positioning, and environment/task modifications to optimize visual attention and maximize visual processing skills
3. Help children to stretch out and wake up their bodies to reset their eyes and brain
4. Engage children in engaging hands-on activities that families can practice remotely using materials they may already have in their homes
5. Build and reinforce visual processing skills by using fun therapeutic websites as well as downloadable resources

## AGENDA

- Why optimizing vision and visual processing skills is essential for *all* clients during the pandemic
- OT assessment and referral recommendations when things get back to “normal”
- Techniques to address seating and positioning to counteract the negative effects of increased screen time
- Ways to use environmental and task modifications to reduce visual overload and fatigue and enhance visual attention and engagement
- Quick movement resets to help kids stretch out bodies and reset eyes and brain - good for all family members, including your own!
- Engage children in therapeutic, fun hands-on activities and online resources to increase skills in areas including visual attention; visual memory; visual motor integration; tracking, pursuits, and saccadic eye movements, scanning; and figure-ground discrimination skills.
- Q&A

## LEVEL AND METHOD OF INSTRUCTION

Beginner, Intermediate

Lecture, Slides, videos, online web resources

## ABOUT THE PRESENTER:

**Lindsey Biel, M.A., OTR/L** is an occupational therapist with a private practice in New York City where she evaluates and treats children, teens, and young adults with autism spectrum disorders, sensory processing issues, developmental delays, and physical disabilities. She is the coauthor of the award-winning *Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Processing Issues*, with a foreword by Dr. Temple Grandin (new 3rd edition now available). She is also author of *Sensory Processing Challenges: Effective Clinical Work with Kids & Teens*; co-creator of the *Sensory Processing Master Class* DVD program; and contributor to Dr. William Steele's *Optimizing Learning Outcomes*. For more information please visit [www.sensorysmarts.com](http://www.sensorysmarts.com).

**DISCLOSURE:** Financial: Lindsey Biel, MA, OTR/L, will receive a speaker's honorarium from TheraMoves Services for the presentation. Non-Financial: She has no non-financial relationships to disclose.

## REFUND & CANCELLATION POLICY:

**A full refund less \$15 dollars** administrative fee per course will be given for cancellations received up to 3 days prior to the course. After that no refunds will be given for cancellations. We reserve the right to cancel any course due to extenuating circumstances. Please do not make non-refundable arrangements until you contacted us &/or received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

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